



JHPS-R

PANORAMA

JUBILEE HILLS PUBLIC SCHOOL

Rampally

March 2026

Affiliated to CBSE



MATHRUBHASHA DINOTHSAYAM CELEBRATIONS



Mathrubhasha Dinothsavam Celebrations

Jubilee Hills Public School, Rampally bid an emotional farewell to the Grade 10 students on 7th January, 2026 in a warm and vibrant ceremony. The programme was beautifully organised by the Grade 9 students, who presented lively songs and energetic dance performances, adding colour and joy to the occasion. The event was filled

with nostalgia, gratitude and heartfelt wishes as students and teachers reminisced about their shared memories. The farewell concluded with blessings and best wishes for the Grade 10 students as they step confidently into a new phase of their lives.



Celebrating Identity Through Language



Preserving Our Linguistic Heritage



Tradition, Culture and Language Together!



Voices United in Our Mother tongue

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The FOMO Trap: What You Don't Realise

FOMO, also known as Fear of Missing Out, has become very common among teenagers and young adults.

Coined in 2004, this term refers to the feeling that other people have better lives than you and enjoy more, leading you to imagine you're missing a train that contains all the fun and things people your age could ask for. This often includes the impression of being inadequate, left out, overcommitting to social activities, and neglecting real-life responsibilities. Such behavior can stem from the constant feeling of peer pressure and waiting to be included. Reports show that over 60% of teenagers suffer from FOMO.

These days, young individuals generally tend to compare themselves with what they see on the internet and social media; some of us lose ourselves in it. Every so often we just look at certain people and feel like, "Wow, that person has everything in control and seems so perfect. I should try and do what they're doing so I can be more appealing and easier to approach." We feel like we should tap into the world and stay up-to-date with everything happening around us. Social media plays a huge role in all of this. The new brands and items that social media influencers advertise—for example, the overconsumption trend on the internet of almost everything and the constant need to fit in—are critical. A trend has erupted all over the world to have the latest iPhone, trending clothes, large friend groups, attending expensive concerts, and buying Labubu dolls and costly Stanley cups.

Yet, this behaviour has been prevalent since the beginning of humanity as a means of meeting the fundamental human need for social connection and belonging. A possible explanation of FOMO is loss aversion: the pain of losing something is almost twice as prominent as the pleasure of gaining. It is also a kind of manifestation of what scientists refer to as regret aversion.

But if you really want to be like others, then won't you lose your own creative spark perhaps? Maybe we have to discern that not everything is as shiny as it appears on the surface. What if that person is just as normal as you are and perceives you in the same way? What are you even trying to find, or what gap are you so desperate to fill? We need to realize the only Person one has to please is oneself.

All this might feel like it is bringing you more in touch with reality and what surrounds you, but what you don't realize is the superficiality that comes with it. Some of it can even stem from the need for validation. This also has an impact on how a person views themselves—physically and mentally.

However, contrary to a common misconception, FOMO isn't always a bad thing. If you are reluctant about something you wanted to do for a long time but just couldn't, seeing people around you doing that might just be the extra push you needed to carry out that task.

So my advice is: think. No, like seriously—think. Because you don't know the root cause of this feeling, you might be overwhelmed easily, but taking a moment to think and putting your priorities in place can really help sometimes.



Venisha D, 10 B

Communication and Social Skills



“Communication works for those who work at it.” – John Powell.

The above quote by Powell highlights how, when consciously nurtured, communication directly strengthens social skills, creating a cycle of growth and connection. Communication forms the bridge between individuals, allowing them to connect, share ideas, and foster relationships. Without it, social skills remain incomplete; for, good communication is the foundation upon which effective interactions are built.

SriMithra M, 10 B

Developing communication, however, is a gradual process. It is not limited to speaking clearly but also involves listening attentively, understanding context, and responding appropriately. One of the most effective ways to improve communication is through book reading. Personally, reading has been transformative for me. Books expand vocabulary, refine expression, and expose the reader to diverse perspectives, which in turn nurture empathy. I've often noticed how stories taught me to view situations from different angles, a skill that proved invaluable in real-life conversations.

As communication strengthens, social skills begin to flourish. The ability to convey thoughts with nuance and precision ensures that interactions are not only smoother but also more meaningful. From building friendships to resolving conflicts, social skills thrive on the clarity and depth that good communication provides.

In conclusion, communication and social skills are deeply intertwined, each strengthening the other. By cultivating communication through reading, practice, and self-awareness, one naturally garners stronger social skills. Together, they enable individuals to connect authentically, express confidently, and navigate the world with ease.



B. Harshith 10B

He walked away, though he did not choose,
No shout, no fight, not a choice to choose.

No last words, no final goodbye, just quiet
questions hanging high.

No funeral bell, no crying crowd, no voices
shouting, no grief aloud.

He wanted to go back, and change the past

But time moved on, then he realised,
That a chance once lost cannot be redrawn.

“Too Late”



K. Naga Aditi, 9 A

The words that I couldn't say,
Which took my happiness away;
Sadness lingers around my mind,
And my word turned blind.

Tried to bring my happiness back,
But all of it bundled up in a sack.
No one heard or listened to my words
And then they went unheard.

Cried every night in silence,
Only to know my words don't have existence.

Perhaps no one will listen,
And my words were in prison.

Unspoken Words

The Heroes Chosen By Gods: The Heroes of Olympus Series



P. Tanvi, 9A

Imagine waking up one day and finding that you are half-God, half-human and suddenly the entire world's fate depends on you - that's precisely the exciting world of Heroes of Olympus by Rick Riordan.

Every page of this mind-blowing fantasy series features humour, adventure, friendship, and a new generation of demigods on perilous missions to save the world from ancient threats. The series focuses on seven half-bloods (half God and half human), who are assigned with the dangerous mission of stopping the wake of Gaia, the evil earth mother. In addition to meeting new fan favourites like Jason, Piper and Leo, readers are reunited with unforgettable heroes like Percy and Annabeth. Because each character has distinct personalities, strengths, and weaknesses, their teamwork is engaging and relatable. With his amusing sense of humour, smart inventions, and courageous nature, Leo immediately becomes a brave character who can make even the most dangerous situations feel humorous.

The tales of the legendary Greek myths draw you into the story so thoroughly that you can experience the humour, the tension, and the bravery yourself.

Whether you have already read the Percy Jackson series or not, Heroes of Olympus is a memorable series that entertains, inspires and keeps readers eagerly turning the pages.



K. Kruthi, 10 B

Be different, be daring, don't blend with the crowd,

Your voice deserves to speak out loud.
The world may whisper, "Fit in. Comply,"
But dreamers are born to reach the sky.
Grades can't measure your heart or mind,
It's your effort that makes you one of a kind.

Every setback's a lesson in disguise,
Each stumble is a chance for you to rise.

If 'can't' crosses your mind, let 'yet' make it kind,
Your journey's not done, don't look behind.

When you feel lost, when hope seems thin,
That's when your real strength begins.

So stand tall, dreamer, don't give in.
You were never meant to simply blend in.

Shine your truth, let courage start,
The world moves forward by hearts that stand apart.

For the Ones Who Don't Fit In



B. Sree Vaishnavi, 10A

They open doors for young minds to explore.

Stay up late, giving more and more.
When asked why they struggle and try,
They say, "It's my job to lift you high."

Their hearts feel joy only when we succeed
They plant each seed to help us meet our need.

Through big, tough worlds, they guide our way,
Caring for us, night and day.

With life's many tasks, still they care,
Thinking, "Am I enough? Do they understand?"

Some walk blind to all they do for us,
The love and patience given so freely.

Through every question, every test,
They help us grow and do our best.

Their work lives on in all we strive,
A guiding force that keeps us alive.

Teachers Our Unsung Guardians

“To Label is to Limit,”

Oscar Wilde



Ch. Aanviksha, 10 A

“Uncertainty is the only certainty there is.” This was said by John Allen Paulos. We’re starting with a quote because I don’t know any conversation starter. I know, an odd, maybe cliché, manner to start this but I hope to capture this article’s essence. Humans (or most of them, at least) long to be heard, seen. And I’m afraid I cannot say, “This article is about...”, or something along the lines of it, since this unqualified student has come across yet another quote, “To label is to limit,” by Oscar Wilde, and can’t come to a conclusion. This, dear reader, is uncertainty.

And possibly such indecisiveness is unprofessional in a school write-up. Maybe it’s alright to be unsure, and be unaware of things that are ‘common sense’. Maybe it’s normal to feel like you’re floating through this... consciousness you were forced into after being just a bunch of cells. Maybe it’s abnormal to feel this way, I wouldn’t know.

You’re thinking, “Damn, two quotes just in the intro?” Damn well, there will be more, so... deal with them like how you deal with what life chucks at you. Now, you might think about why I sound like a scratched record in an article, that typically involves reporting content, or advising the reader, et cetera. But I don’t think I’m in a position to advise (I’ve been humbled recently when I tried to suggest and realized I don’t have the balance of life).

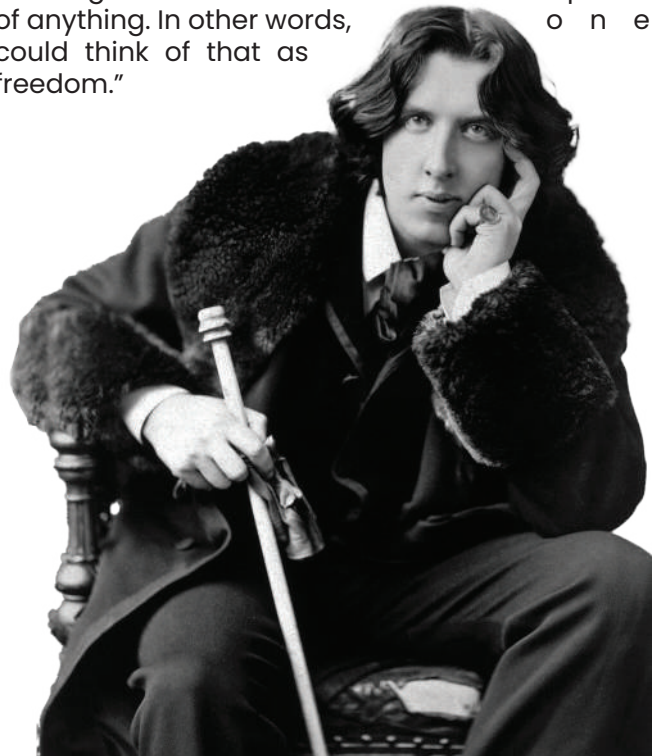
And dare I comment on... capitalism. Not as an opinionated know-it-all, but as a random teen. I understand that the economy might be crucial for order in civilisation, but just dealing with this, in general—chasing and achieving and repeat—... for what? For societal stigma, inflation, and the decay of body and mind? The most basic things

supposed to nurture us are contaminated. Not to mention, wealth, resources and other things concentrated in the hands of few while there are people who don’t have the change to live another day, or even be registered as ‘people’. Neither do they get to experience suffering nor happiness. Moreover, the possibility that anything can be done for and with money.

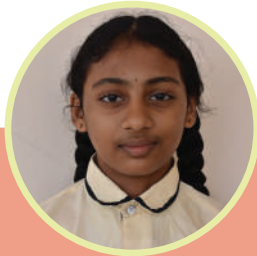
To maintain my fashion, I’d wrap this up with another quote, or a part of it, by Sylvia Plath: “I want to live and feel all the shades, tones and variations of mental and physical experience possible in life. And I am horribly limited,”

And maybe two more: “We don’t read and write poetry because it’s cute. We read and write poetry

because we are members of the human race. And the human race is filled with passion. And medicine, law, business, engineering, these are noble pursuits and necessary to sustain life. But poetry, beauty, romance, love, these are what we stay alive for,” from the movie *Dead Poets Society*, and another one credited to the anime *The Tatami Galaxy*, “Even so, we know nothing of the future. Not knowing means that we are capable of anything. In other words, **o n e** could think of that as freedom.”



Positive Morning Routine The Game Changer



A. Nayana Srikruthi, 7C

A positive morning routine can make a big difference in my day. When I begin my day peacefully and in an organised way, I feel fresh, focused and ready to do my best throughout the day. The way I begin my day decides my mood, energy and focus. A positive morning helps me to stay healthy, confident and active all through the day.

Here are a few easy ways that help me to build a positive morning routine:

Waking up early gives me more time to get ready without any hurry. It calms my mind and keeps me prepared for the day.

Making my bed makes me feel organised and brings a positive start to my day.

Doing yoga or stretching keeps me relaxed and flexible. It refreshes my body and mind and helps me stay active.

A healthy breakfast keeps my body fit and provides me with energy to stay active throughout the day. It also improves my concentration.

Reading or revising sharpens my mind and improves my focus. It helps me remember things better.

Avoiding mobile phones in the morning helps me stay focused and reach my goals without distractions. These small habits make me feel much more confident, active, happy and productive.



Joel Lakra, 9A

A Realm of Thousand Dreams

In one of my imaginations
Lies a realm of a thousand dreams

Where I'm the protagonist
With a thousand eyes upon me

Where riches are abundant
And skies and seas are blue alike

Where hearts are as pure as diamonds
And death is kinder than men

In that realm of a thousand dreams
Where man dwells hand in hand with God

Is where I wish to spend
My presence till the end

Unseen Serenity

When I look around
My eyes are wonder-bound
As I look at swaying trees
And feel the flowing breeze

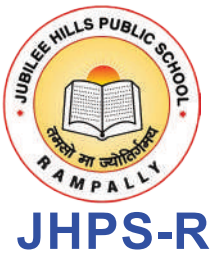
I ponder 'pon the beauty
That often goes unseen
The happy smiles around us
Love that's pure, serene

And see the roaring lightning
And the fires' great and shining
And the waters that flow sweetly
And landscapes carved uniquely

I am reminded of the equilibrium
That makes all life prosper and hum
And feel the essence of nature
Present in every creature

“Poems”

అంతరాత్మీయ
మాతృభాషాబివృద్ధి
శుభాకాంక్షలు



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